## MENU WEEK

| Morning Snack<br>Breadsticks                                    | Morning Snack<br>Mini Waffles   | Morning Snack<br>Cut Fruit Selection                      | Morning Snack<br>Crudites   | Morning Snack<br>Cookie  |
|---|---|---|---|--|
| <b>Main Course</b><br>Pizza<br>BBQ Chicken & Sweetcorn          | <b>Main Course</b><br>Chicken Tikka Curry                               | Main Course<br>Beef & Pork Bolognaise                     | <b>Main Course</b><br>Roast Chicken   | <b>Main Course</b><br>Breaded Hake or<br>Sausage               |
| <b>Vegetarian</b><br>Classic Margarita                          | <b>Vegetarian</b><br>Sweet Potato, Coconut,<br>Chickpea & Spinach Curry | <b>Vegetarian</b><br>Plant based Lentil<br>Bolognaise     | <b>Vegetarian</b><br>Lentil and Sweet Potato<br>Roast                       | <b>Vegetarian</b><br>Beetroot, Quinoa &<br>Edamame Bean Burger |
| <b>Vegetables</b><br>New Potatoes<br>Broccoli<br>Carrots        | <b>Vegetables</b><br>Rice<br>Green Beans<br>Sweetcorn                   | <b>Vegetables</b><br>Spaghetti<br>Peas<br>Corn on the Cob | <b>Vegetables</b><br>Roast Potatoes<br>Carrots, Swede, Cabbage<br>and Gravy | <b>Vegetables</b><br>Chips<br>Peas<br>Baked Beans              |
| Jacket Potatoes & Beans   | Jacket Potatoes & Beans   | Pasta & Sauce   | Jacket Potatoes & Beans   | Pasta & Sauce  |
| <b>Dessert</b><br>Fruit Salad or Yogurt<br>Chocolate Fudge Cake | <b>Dessert</b><br>Fruit Salad or Yogurt                                 | <b>Dessert</b><br>Fruit Salad or Yogurt<br>Berry Flapjack | <b>Dessert</b><br>Fruit Salad or Yogurt<br>Jelly Pots                       | <b>Dessert</b><br>Fruit Salad or Yogurt                        |

## MENU WEEK 2

| Morning Snack<br>Breadsticks                            | Morning Snack<br>Pancakes                                     | Morning Snack<br>Cut fruit Selection                           | Morning Snack<br>Crudites  | Morning Snack<br>Oat and Raisin Cookie                   |
|---|---|--|--|--|
| Main Course<br>Chicken & Leek Sauce                     | <b>Main Course</b><br>Turkey Pie                              | <b>Main Course</b><br>Ginger Honey and Soy<br>Chicken          | <b>Main Course</b><br>Roast Pork with Apple<br>Sauce                               | <b>Main Course</b><br>Catch of the day<br>Or Beef Burger |
| <b>Vegetarian</b><br>Tomato, lentil and Basil<br>Sauce  | <b>Vegetarian</b><br>Homity pie                               | <b>Vegetarian</b><br>Marinated Spicy Soy Tofu                  | <b>Vegetarian</b><br>Stuffed pepper with<br>Roasted Veg, Quinoa and<br>Mixed Beans | <b>Vegetarian</b><br>Spicy Bean Burger                   |
| <b>Vegetables</b><br>Spaghetti<br>Sweetcorn<br>Peas     | <b>Vegetables</b><br>New Potatoes<br>Carrots<br>Savoy Cabbage | <b>Vegetables</b><br>Egg fried Rice<br>Broccoli<br>Corn on Cob | <b>Vegetables</b><br>Roast Potatoes<br>Carrots<br>Green Beans<br>Gravy             | <b>Vegetables</b><br>Chips<br>Peas<br>Baked Beans        |
| Jacket Potatoes & Beans                                 | Jacket Potatoes & Beans                                       | Pasta & Sauce  | Jacket Potatoes & Beans  | Pasta & Sauce  |
| <b>Dessert</b><br>Fruit Salad or Yogurt<br>Jam Doughnut | <b>Dessert</b><br>Fruit salad or Yogurt                       | <b>Dessert</b><br>Fruit Salad or Yogurt<br>Berry Fruit Muffins | <b>Dessert</b><br>Fruit salad or Yogurt<br>Lemon Drizzle Cake                      | <b>Dessert</b><br>Fruit Salad or Yogurt                  |

MENU WE

| Main Course<br>Beef ChilliMain Course<br>Plant based 'meatballs'<br>with Tomato & basil sauceMain Course<br>Katsu Chicken with Curry<br>SauceMain Course<br>Pork SausagesMain Course<br>Breaded Hake<br>Or Chicken, Basil Pesto and<br>Mozzarella PaniniVegetarian<br>Vegetarian ChilliVegetarian<br>Meatless meatballsVegetarian<br>Butternut squash, mixed<br>beans & Spinach CurryVegetarian<br>Vegan SausageVegetarian<br>Mozzarella PaniniVegetables<br>Vegetable Rice<br>Sweetcorn<br>BroccoliVegetables<br>Spaghetti<br>Carrots<br>PeasVegetables<br>Basmati Rice<br>Green BeansVegetables<br>Mash Potato<br>Savoy Cabbage and Onion<br>GravyVegetables<br>PeasJacket Potatoes & BeansJacket Potatoes & BeansPasta & SauceJacket Potatoes & BeansPessert<br>Fruit Salad or YogurtFruit Salad or YogurtPessert<br>Fruit Salad or Yogurt | Morning Snack<br>Breadsticks | Morning Snack<br>Mini Waffles | Morning Snack<br>Crudities  | Morning Snack<br>Cut Fruit Selection   | Morning Snack<br>Cookie                     |
|---|------------------------------|-------------------------------|-----------------------------|--|---|
| Vegetarian ChilliMeatless meatballsButternut squash, mixed<br>beans & Spinach CurryVegan SausageTomato, Basil and<br>Mozzarella PaniniVegetables<br>Vegetable Rice<br>Sweetcorn<br>BroccoliVegetables<br>Spaghetti<br>Carrots<br>PeasVegetables<br>Basmati Rice<br>Cauliflower<br>Green BeansVegetables<br>Mash Potato<br>Savoy Cabbage and Onion<br>GravyVegetables<br>Chips<br>   |                              | Plant based 'meatballs'       | Katsu Chicken with Curry    |  | Breaded Hake<br>Or Chicken, Basil Pesto and |
| Vegetable Rice<br>Sweetcorn<br>BroccoliSpaghetti<br>Carrots<br>   |                              | _                             | Butternut squash, mixed     | _                                      | Tomato, Basil and                           |
| DessertDessertDessertDessert  | Vegetable Rice<br>Sweetcorn  | Spaghetti<br>Carrots          | Basmati Rice<br>Cauliflower | Mash Potato<br>Savoy Cabbage and Onion | Chips<br>Peas                               |
|   | Jacket Potatoes & Beans      | Jacket Potatoes & Beans       | Pasta & Sauce               | Jacket Potatoes & Beans                | Pasta & Sauce                               |
| Eton Mess Rocky Road Maple syrup cake   | Fruit Salad or Yogurt        |                               | Fruit Salad or Yogurt       | Fruit Salad or Yogurt                  |   |