

This week Week 1

Monday

Morning snack
Breadsticks

Main course
Chili con carne

Vegetarian
Quorn Chili sin carne

Guacamole, Tomato salsa and Soured cream

Vegetables
Scented Rice
Cheesy tortillas
Braised sweetcorn
Roast peppers

Jacket & beans

Dessert
Fruit Salad & yoghurt station

Tuesday

Morning snack
Cut fruit selection

Main courses
Homemade sausage roll with caramelised onions

Vegetarian
Vegan roll with spinach and lentils

Vegetables
Sautee new potatoes
Boston beans
Green beans
sweetcorn
Crunchy coleslaw

Jacket & beans

Dessert
Mixed Berry Cheesecake

Wednesday

Morning snack
Cheese straws

Main course
Moroccan chicken tagine

Vegetarian
Vegetable tagine

Poppadums, Naan bread and Sambals

Vegetables
Pilau rice or cous cous
Steamed broccoli
Sag Aloo
Gobi Pakora

Pasta & sauce

Dessert
Fruit & Yoghurt Bar

Thursday

Morning snack
Crudites

Main course
Roasted loin of pork, apple sauce and crackling

Vegetarian
Cornish Briam (Slow cooked vegetable cake)

Vegetables
Sautee new potatoes
Carrots
Roast parsnips and squash
Gravy

Jacket & beans

Dessert
Lemon & poppy seed Fairy cake

Friday

Morning snack
Cookies

Main course
Catch of the Day Sausages
Steamed and Breaded fresh fish

Vegetarian
Homemade Spring Roll, Chilli dip

Vegetables
Chips
Peas
Baked beans

Pasta & sauce

Dessert
Scones with cream and jam

Saturday

Sunday

Main Course
Roasted chicken baguette

Vegetarian
Brie & tomato baguette

Vegetables
Selection of salads

chips

Desserts
Ice cream bar

Homemade bread and a selection of seasonal salads available all days

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This week Week 2

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning snack Breadsticks	Morning snack Cut fruit selection	Morning snack Cheese sticks, bread and apple	Morning snack Crudites	Morning snack Cheddar Cheese and Tomato Focaccia		
Meat free Monday Pasta bar Turkey & chorizo pasta bake	Main course Buttermilk chicken burger	Main course Pulled pork burrito with Hoi Sin mayonnaise and salad	Main course Roast garlic chicken	Main course Catch of the day Sausages Breaded Fish with panko breadcrumbs		Main course Lamb kebab
Mexican tuna pasta Tomato & Basil pasta	Vegetarian Sweet Potato Falafel burger	Vegetarian Plant based burrito	Vegetarian Tomato & Basil Ciabatta Pizza Cranberry sauce	Vegetarian Caramelised onion and brie quiche		Vegetarian Halloumi and vegetable kebab
Vegetables Garlic & Rosemary Focaccia Steamed broccoli Green beans & peppers	Selection of toppings	Vegetables Stir fried rice Carrots with Sesame seeds Chinese vegetable Green beans with soya sauce	Vegetables Potato and leek gratin Steamed Broccoli Corn in the Cob	Vegetables Chips Peas Baked beans		Vegetables Rice Selection of salads to include Dry slaw Tomato & red onion Mixed leaf
Jackets & beans	Jacket & beans		Jacket & beans	Pasta & sauce		
Dessert Fruit & yoghurt bar	Dessert Greek Yoghurt & Summer Fruit Trifle	Pasta & sauce Dessert Fruit & yoghurt bar	Dessert Chocolate cake with Chocolate sauce	Dessert Dorset apple cake with cream		Dessert Cake of the day

Homemade bread and a selection of seasonal salads available all days

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This week Week 3

Monday

Morning snack
Breadsticks

Main courses
Soy and Ginger chicken

Vegetarian
Plant based "chicken"
with Thai sweet chili
sauce and sesame
seeds

Vegetables
Chop Suey noodles
Green beans
Stir fry vegetables
Honey glazed carrots

Jacket & beans

Dessert
Fruit & yoghurt bar

Tuesday

Morning snack
Cut fruit selection

**Try it
Tuesday...**

Food from
around
the world

Pasta & sauce

Dessert
Cakes from around the
world

Wednesday

Morning snack
Strawberry jam
pinwheels

Main course
Lamb Kofta with rich
tomato sauce

Vegetarian
Vegan Meatless balls

Vegetables
Rice with cardamoms
Steamed Vegetables
Stir fry savoy cabbage
with garlic butter

Jacket & beans

Dessert
Fruit & yoghurt
bar

Thursday

Morning snack
Crudites

Main course
Lemon & thyme
roast turkey

Vegetarian
Goat's cheese & oven
dried tomato quiche

Vegetables
New potatoes
Broccoli
Steamed carrot
Gravy

Jacket & beans

Dessert
Orange jelly

Friday

Morning snack
Cookies

Main course
Sausages
Homemade fish fingers
Catch of the day

Vegetarian
Halloumi, roast
vegetables and croutons
with lemon and mint
dressing

Vegetables
Chips
Peas
Baked beans

Pasta & sauce

Dessert
Chocolate & tangerine
mousse, crispy topping

Saturday

Sunday

Brunch

Hot beef rolls

Tomato, Mozzarella and
vegetable roll

Potato wedges

Selection of salads

Dessert
Chef's bake

Yoghurt

Fruit

Homemade bread and a selection of seasonal salads available all days

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