

This week Week 1

Monday

Morning snack
Breadsticks

Main course
Pork chipolatas

Vegetarian
Vegetarian sausages

Vegetables
Creamed potatoes
Peas and carrots
Roasted red onions
gravy

Pasta & sauce

Dessert
Fruit & yoghurt station

Tuesday

Morning snack
Cut fruit selection

Main courses
Chicken and broccoli
lasagne

Vegetarian
Garlic mushroom Orzotto

Vegetables
Fresh herb bread
Green beans
sweetcorn
Crunchy coleslaw

Jacket & beans

Dessert
Selection of homemade
shortbreads

Wednesday

Morning snack
Tortilla chips

Main course
Beef pasanda

Vegetarian
Vegetable curry
Vegetable samosas

Vegetables
Pilau rice
Cauliflower pakoras
Steamed broccoli
Poppadom's and sambols

Pasta & sauce

Dessert
Fruit & Yoghurt

Thursday

Morning snack
Crudites

Main course
Roasted pork loin and
crackling

Vegetarian
Roasted vegetable bake

Vegetables
Roasted baby potatoes
carrots
Roasted parsnips
gravy

Jacket & beans

Dessert
Apple and pear crumble
with custard

Friday

Morning snack
Cookies

Main course
Creamy fish pie
Sausages
Steamed and breaded
fresh fish
Vegetarian
Breaded Quorn nuggets

Vegetables
Chips
Peas
Baked beans

Pasta & sauce

Dessert
Dark chocolate and
coconut flapjack

Saturday

Sunday

Main Course
Roasted Chicken and
stuffing balls

Vegetarian
Quorn sausages

Vegetables
Roasted carrots,
steamed broccoli,
cauliflower cheese,
roasted potatoes and
gravy

Desserts
Ice cream bar



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This week Week 2

Monday

Morning snack
Breadsticks

Meat free Monday
Pasta bar
red pepper and tomato
sauce
Creamy mushroom
sauce
Pesto pasta
Plain pasta

Vegetables
Cheesy garlic bread
Sweetcorn
Green beans

Jackets & beans

Dessert
Fruit & yoghurt station

Tuesday

Morning snack
Cut fruit selection

Main course
Cottage pie

Vegetarian
Cheesy homity pie

Vegetables
Herby diced potatoes
peas
Steamed sliced carrots
Gravy

Jacket & beans

Dessert
Jelly pots

Wednesday

Morning snack
Tortilla chips

Main course
Sweet and sour chicken
Hong Kong style

Vegetarian
Vegetable Thai red curry

Vegetables
Steamed rice
Mixed Chinese vegetable
Roasted broccoli
Prawn crackers

Pasta & sauce

Dessert
Fruit & yoghurt station

Thursday

Morning snack
Crudites

Main course
Roasted turkey with
stuffing balls

Vegetarian
Stuffed peppers
Cauliflower cheese

Vegetables
Herb roasted potatoes
roasted carrots
Swede mash
Gravy

Jacket & beans

Dessert
Steamed syrup sponge

Friday

Morning snack
Cookies

Main course
Smoked salmon and pea
risotto
Breaded fish
sausages

Vegetarian
Caramelised onion and
goats cheese frittata

Vegetables
Chips
Peas
Baked beans

Pasta & sauce

Dessert
Rocky road

Saturday

Sunday

Main course

Pork sausages

Vegetarian
Vegetarian sausages

Vegetables
Creamed potatoes
peas
carrots
Gravy

Dessert
mixed cake board

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This week Week 3

Monday

Morning snack
Breadsticks

Main courses
Chicken and vegetable
puff pie

Vegetarian
Spanakopita

Vegetables
Buttered new potatoes
Green beans, carrots
gravy

Jacket & beans

Dessert
Fruit & yoghurt station

Tuesday

Morning snack
Cut fruit selection

Try it Tuesday...

Food from around the
world

Pasta & sauce

Dessert
Cakes from around the
world

Wednesday

Morning snack
Tortilla chips

Main course
Beef meatballs in a
tomato sauce

Vegetarian
Butternut squash and
spinach lasagne

Vegetables
Spaghetti
Steamed sweetcorn
Roasted Italian vegetables

Jacket & beans

Dessert
Fruit & yoghurt
station

Thursday

Morning snack
Crudites

Main course
Honey and mustard
roasted gammon with
Yorkshire puddings

Vegetarian
Mini vegetarian toad on
the holes

Vegetables
Roasted potatoes
Broccoli
Steamed carrot batons

Jacket & beans

Dessert
Smores bread and butter
pudding

Friday

Morning snack
Cookies

Main course
Smoked salmon and
asparagus quiche
Sausages
Homemade fish fingers

Vegetarian
Halloumi and roasted
pepper burgers

Vegetables
Chips
Peas

Baked beans
Pasta & sauce

Dessert
Rice crispy treats

Saturday

Sunday

Brunch

Bacon and sausages
Quorn sausages
Eggs
Hashbrown
Beans
Toasted muffins
Roasted tomatoes
Roasted mushrooms

Dessert

Toasted waffles
Fruit compote and
maple syrup

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