

This week Week 1

Monday

Morning snack
breadsticks

Main course
Pork and apple
sausages

Vegetarian
Vegetarian sausages

Vegetables
Creamed potatoes
Peas and carrots
Roasted red onions
gravy

Pasta & sauce

Dessert
Fruit & yoghurt station

Tuesday

Morning snack
Cut fruit selection

Main courses
Beef lasagne

Vegetarian
Garlic mushroom orzotto

Vegetables
Fresh herb bread
Green beans
Ratatouille vegetables

Jacket & beans

Dessert
Selection of homemade
shortbreads

Wednesday

Morning snack
Toasted pittas, crudites
and dip

Main course
Chicken tikka masala

Vegetarian
Vegetable biriyani
Vegetable curry

Vegetables
Pilau rice
Roasted cauliflower
Steamed broccoli
Poppadom's and sambols

Pasta & sauce

Dessert
Fruit & Yoghurt

Thursday

Morning snack
Cut fruit selection

Main course
Roasted pork loin and
crackling

Vegetarian
Roasted vegetable
strudel

Vegetables
Roasted baby potatoes
carrots
Roasted parsnips
gravy

Jacket & beans

Dessert
apple and blackberry
crumble with cream

Friday

Morning snack
cookies

Main course
Creamy fish pie
Sausages
Steamed and breaded
fresh fish

Vegetarian
Sweetcorn fritters with
avocado salsa

Vegetables
Chips
Peas
baked beans

Pasta & sauce

Dessert
White chocolate and
strawberry flapjack

Saturday

Sunday

Main Course
Roasted Chicken and
stuffing balls

Vegetarian
Quorn sausages

Vegetables
Roasted carrots,
steamed broccoli,
cauliflower cheese,
roasted potatoes and
gravy

Desserts
Ice cream bar

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This week Week 2

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning snack Breadsticks	Morning snack Cut fruit selection	Morning snack Toasted pittas, crudites and dip	Morning snack Cut fruit selection	Morning snack cookies		
Meat free Monday Main course Macaroni cheese with fresh focaccia	Main course Beef bourguignon	Main course Jerk chicken in soft tacos	Main course Roasted turkey with stuffing balls	Main course breaded fish sausages Fresh fish		Main course Hot dogs
Vegetarian Roasted vegetable tartlets	Vegetarian Quorn sausage and bean cassoulet	Vegetarian Black bean chilli burritos	Vegetarian Stuffed peppers	Vegetarian Caramelised onion and goats cheese frittata		Vegetarian Vegetarian hot dogs
Vegetables Sweet potato wedges Sweetcorn Green beans	Vegetables Creamy mashed potato Roasted root vegetables Seasoned cabbage	Vegetables Spicy rice Roasted vegetables peas	Vegetables Herb roasted potatoes Steamed carrots broccoli Gravy	Vegetables Chips peas baked beans		Vegetables Roast potatoes Roasted red onions Peas Salad and coleslaw
Jackets & beans	Pasta & sauce	Pasta & sauce	Jacket & beans	Pasta & sauce		
Dessert Fruit & yoghurt station	Dessert Jelly pots	Dessert Fruit & yoghurt station	Dessert Treacle sponge and custard	Dessert Chocolate orange brownie		Desert Chocolate trifles



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This week Week 3

Monday

Morning snack
Breadsticks

Main courses
Chicken breast in a creamy sauce
With fresh bread

Vegetarian
spinach and ricotta lasagne

Vegetables
tagliatelle
Sweetcorn and green beans

Jacket & beans

Dessert
Fruit & yoghurt station

Tuesday

Morning snack
Cut fruit selection

Try it Tuesday...

Food from around the world

Pasta & sauce

Dessert
Cakes from around the world

Wednesday

Morning snack
Toasted pittas, crudites and dip

Main course
Sheppard's pie

Vegetarian
Cheesy homity pie

Vegetables
Herby diced potatoes
peas
Steamed sliced carrots

Jacket & beans

Dessert
Fruit & yoghurt station

Thursday

Morning snack
Cut fruit selection

Main course
Roasted beef and Yorkshire pudding
Rich gravy

Vegetarian
Beetroot and goats cheese tarte tatin

Vegetables
roasted potatoes
Green beans
Roasted carrot batons

Jacket & beans

Dessert
Carrot cake with cream cheese frosting

Friday

Morning snack
Cookies

Main course
Seafood linguini sausages
Fresh fish

Vegetarian
Halloumi and roasted pepper burgers

Vegetables
Chips
peas
baked beans

Pasta & sauce

Dessert
Rice crispy treats

Saturday

Sunday

Main course

Slow cooked beef brisket in red wine

Vegetarian
Breaded cauliflower steaks

Vegetables
Roasted new potatoes
roasted root vegetables
Steamed greens
Gravy

Dessert
pancakes with strawberries and maple syrup

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