

This week Week 1

Monday

Morning snack

Granola bar

Soup

Leek and potato

Main course

Cumberland sausages

Vegetarian

Vegan sausages

Vegetables

Creamed potatoes

Peas

Roasted Onions
gravy

Pasta tomato sauce

Dessert

Fruit & yoghurt station

Tuesday

Morning snack

Cut fruit selection

Soup

Winter vegetable

Main courses

Beef meatballs in tomato
sauce

Vegetarian

Macaroni cheese

Vegetables

Pasta twists

Garlic focaccia

Sweetcorn

Jacket & beans

Dessert

Apricot flapjack

Wednesday

Morning snack

Pizza pinwheels

Soup

Carrot

Main course

Sweet chilli chicken
chow mien noodles

Vegetarian

Stir fried tofu in hoi sin
sauce

Vegetables

Prawn crackers

Egg fried rice

Stir fried mixed
vegetables

Pasta tomato sauce

Dessert

Fruit & jelly

Thursday

Morning snack

Cut fruit selection

Soup

Cream of tomato

Main course

Roasted loin of pork

Vegetarian

Root vegetable
wellington

Vegetables

Roasted potatoes
carrots

Savoy cabbage
gravy

Jacket & beans

Dessert

Carrot and coconut cake

Friday

Morning snack

cookies

Soup

Pea

Main course

Battered and breaded fish

Vegetarian

Feta, red onion and
spinach tarts

Vegetables

Chips

Peas

baked beans

Pasta tomato sauce

Dessert

Chocolate tiffin

Saturday

Sunday

Main Course

Roasted Chicken and
stuffing balls

Vegetarian

Quorn sausages

Vegetables

Roasted carrots,
steamed broccoli,
cauliflower cheese,
roasted potatoes and
gravy

Desserts

Ice cream bar

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This week Week 2

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning snack Bread sticks	Morning snack Cut fruit selection	Morning snack Marmite pinwheels	Morning snack Cut fruit selection	Morning snack cookies		
Soup Mushroom	Soup Parsnip	Soup leek & potato	Soup Spiced lentil	Soup Butternut squash		
Main course Sticky BBQ boneless thighs	Main course Beef lasagne	Main course Chicken korma	Main course Roasted gammon	Main course Battered and breaded fish		Main course Chicken vegetable pie
Vegetarian Mild bean & sweet potato chilli	Vegetarian Roasted vegetable lasagne	Vegetarian Baked butternut coconut curry	Vegetarian Vegetable toad in the hole	Vegetarian Falafel burgers, slaw & salsa		Vegetarian Curried butternut squash pie
Vegetables Braised rice Sweetcorn peas	Vegetables Skin on wedges Green beans Mixed salad and coleslaw	Vegetables Steamed rice Turmeric cauliflower poppadum	Vegetables Roast potatoes Steamed carrots Broccoli	Vegetables Chips, peas or baked beans		Vegetables Creamed potatoes Carrots and peas Gravy
Pasta tomato sauce	Jacket & beans	Pasta tomato sauce	Jacket & beans	Pasta tomato sauce		
Dessert Fruit & yoghurt station	Dessert Jelly pots	Dessert Fruit & lemon mousse	Dessert Eton mess	Dessert Chocolate brownie		Dessert Chocolate trifles



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This week Week 3

Monday

Morning snack

Baked focaccia

Soup

Carrot

Main courses

Ham and sweet corn
pizza

Vegetarian

cheese and tomato
pizza

Vegetables

Baked potato wedges
peas
Corn on the cob

Pasta tomato sauce

Dessert

Fruit & yoghurt
station

Tuesday

Morning snack

Cut fruit selection

Soup

Broccoli

Try it Tuesday...

Food from around the
world

Dessert

Lemon drizzle cake

Wednesday

Morning snack

Cheese straws

Soup

Vegetable

Main course

Chicken breast burgers in
a wholemeal bap

Vegetarian

Baked halloumi pitta

Vegetables

Sweetcorn
Mixed salad
Crispy diced potatoes

Pasta tomato sauce

Dessert

Fruit & Jelly

Thursday

Morning snack

Cut fruit selection

Soup

Pea

Main course

Roasted chicken

Vegetarian

Roasted cauliflower
steaks

Vegetables

Herb roasted potatoes
Cauliflower cheese
Roasted carrots

Jacket & beans

Dessert

fruit crumble and cream

Friday

Morning snack

Cookies

Soup

Minestrone

Main course

Battered and breaded
fish

Vegetarian

Battered vegan sausage

Vegetables

Chips, peas
or baked beans

Pasta tomato sauce

Dessert

Chocolate mousse with
toppings

Saturday

Sunday

Brunch

Sausages and Bacon
Hash browns
Vegetarian sausages
Beans
Roasted tomatoes
Eggs scrambled or fried
Toast
Mushrooms

Dessert

Waffles
Fruit salad and maple
syrup

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