

Exeter Cathedral School Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Fruit Juice Toast & Preserves Assorted Cereals Yoghurt Selection Free Range Scrambled Eggs on Toast Fresh Fruit Selection	Fruit Juice Toast & Preserves Assorted Cereal Avocado Lemon & Pepper Crush Bacon & Free Range Eggs served with a Bagel Fresh Fruit Selection	Fruit Juice Toast & Preserves Assorted Cereals Smoothie Selection Free Range Boiled Eggs Fresh Fruit Selection	Fruit Juice Toast & Preserves Assorted Cereals Fresh Fruit Slices Freshly Baked Pain au Chocolat Fresh Fruit Selection	Fruit Juice Toast & Preserves Assorted Cereals Free Range Boiled Eggs Toasted Crumpets & Butter Fresh Fruit Selection	Fruit Juice Toast & Preserves Assorted Cereals Bacon, Free Range Eggs, Hash Browns & Mushrooms Fresh Fruit Selection	Fruit Juice Toast & Preserves Assorted Cereals Mini Danish Pastries Yoghurt Selection Fresh Fruit Selection
LUNCH	Chinese Day Sweet & Sour Pork Vegetable Sweet & Sour Noodles Egg Fried Rice Prawn Crackers Jacket Potato Baked Beans Fresh Soup of the Day Sticky Toffee Pudding & Toffee Sauce Fresh Fruit Selection	ECS Pie Day Homemade Chicken & Sweetcorn Pie Quorn & Sweet Potato Pie Roasted New Potatoes Green Beans Gravy Jacket Potatoes Fresh Soup of the Day Apple & Cinnamon Crumble with Custard Fresh Fruit Selection	Italian Pasta Special Meat Free Lunch Wholemeal Penne Pasta served with: Tomato Pesto Sauce Cheddar Cheese Sauce Tomato Sauce Sweetcorn Parmesan Cheese Garlic Bread Slices Jacket Potatoes Baked Beans Fresh Soup of the Day Rocky Road Tray Bake Fresh Fruit Selection	Traditional Roast Day Roast Topside of Beef Vegetarian Stuffed Peppers Yorkshire Puddings Roasted Potatoes Baton Carrots, Cabbage Gravy Jacket Potatoes Fresh Soup of the Day Individual Lime, Chocolate & Meringue Cheesecake Fresh Fruit Selection	Friday Favourite Breaded Cod Bread Crumbed Fish Cakes Haddock with a Lemon & Tarragon Sauce Butcher's Pork Sausages Chipped Potatoes Mushy Peas Fresh Soup of the Day Jacket Potatoes Vegetarian Chilli Baked Beans or Spaghetti Hoops Strawberry Shortcake Fresh Fruit Selection	Packed Lunches Choose your own Filling Ask the Chef on duty for what you would like Fresh Fruit Selection	Sunday Roast Roasted Turkey Breast served with Cranberry Sauce Vegetarian Roast Freshly Roasted Potatoes Seasonal Vegetables Gravy Chocolate Fudge Surprise Fresh Fruit
SUPPER	Greek Night Spicy Lamb Koftas Vegetarian Chilli Koftas Pita Breads Rice Tortilla Chips Salad Selection with Sour Cream Greek Yoghurt with Honey Fresh Fruit Selection	Gourmet Burger Night Build your own Burger Ground Beef Burger served in a Brioche Bun Vegetarian Burger Add Cheddar Cheese or Bacon ECS Red Slaw Salad Selection Ice Cream Selection with Toppings Fresh Fruit Selection	Thai Curry Night Chicken Strips in a Coconut infused Thai Sauce Thai Curry with Sweet Potato & Sugar Snap Peas Sticky Jasmin Rice Seasoned Broccoli Spears Salad Selection Millionaire Shortbread Fresh Fruit Selection	Sticky Rib Night BBQ Flavoured Pork Ribs Stir-fried Vegetable Combo Sweetcorn on the Cob Sweet Potato Wedges Mini Sweet Waffles with a selection of Sauces Fresh Fruit Selection	Mac Delight Night Creamy Macaroni Cheese served with Crispy Bacon Slices or Oven Baked Tomato Salad Selection Crusty Loaf Mint Chocolate Chip Ice Cream Fresh Fruit Selection	Boarders' Pizza Special Choose your own topping from: Ham, Chorizo, Beef, Bacon, Mushrooms, Peppers, Anchovies, Pineapple or Sweetcorn Veggie Pizza Sweetcorn on the Cob Salad Bar Selection Fresh Fruit Selection	Sunday Special Buffet or House Master's Surprise Selection of Rolls Vegetarian Options Available Salads & Crisps Chocolate Biscuits Cakes Fresh Fruit Selection



Independent School Caterers