

Exeter Cathedral School Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	<p>Fruit Juice Toast & Preserves Assorted Cereals</p> <p>Free Range Boiled Eggs Freshly Baked Pain au Chocolat</p> <p>Fresh Fruit Selection</p>	<p>Fruit Juice Toast & Preserves Assorted Cereals</p> <p>Fruit Smoothie Bacon served in a Bap with Tomato or Brown Sauce</p> <p>Fresh Fruit Selection</p>	<p>Fruit Juice Toast & Preserves Assorted Cereals</p> <p>Free Range Boiled Eggs Freshly Baked Croissant Slices of Ham & Cheese</p> <p>Fresh Fruit Selection</p>	<p>Fruit Juice Toast & Preserves Assorted Cereals</p> <p>Free Range Scrambled Eggs Freshly Baked Cinnamon Swirls</p> <p>Fresh Fruit Selection</p>	<p>Fruit Juice Toast & Preserves Assorted Cereals</p> <p>American style Pancakes with Maple Syrup</p> <p>Fresh Fruit Selection</p>	<p>Fruit Juice Toast & Preserves Assorted Cereals</p> <p>Bacon, Free Range Fried Egg, Hash Browns & Baked Beans</p> <p>Fresh Fruit Selection</p>	<p>Fruit Juice Toast & Preserves Assorted Cereals</p> <p>Yoghurt Selection Cinnamon French Toast</p> <p>Fresh Fruit Selection</p>
LUNCH	<p>British Day</p> <p>Cottage Pie Served with Gravy</p> <p>Vegetable & Lentil Pie</p> <p>New Potatoes Garden Peas Broccoli</p> <p>Jacket Potatoes with Baked Beans Fresh Soup of the Day</p> <p>Lemon Drizzle Cake & Cream</p> <p>Puddings of the Day Fresh Fruit Selection</p>	<p>Curry Day</p> <p>Chicken Tikka Masala Chickpea & Spinach Curry</p> <p>Brown & White Rice Naan Breads & Poppadums Mango Chutney Cauliflower Bhajis</p> <p>Jacket Potatoes with Baked Beans Fresh Soup of the Day</p> <p>Chocolate Brownie</p> <p>Puddings of the Day Fresh Fruit Selection</p>	<p>Italian Day</p> <p>Freshly Homemade Beef Lasagne Vegetable Lasagne</p> <p>Garlic Bread</p> <p>Jacket Potatoes Fresh Soup of the Day Sweetcorn</p> <p>Individual Strawberry Cheesecake</p> <p>Puddings of the Day Fresh Fruit Selection</p>	<p>Traditional Roast Day</p> <p>Roasted Gammon served with Gravy or Parsley Sauce</p> <p>Vegetable Loaf</p> <p>Roast Potatoes Cauliflower Cheese Baton Carrots</p> <p>Jacket Potatoes Fresh Soup of the Day</p> <p>Jam & Coconut Sponge & Custard</p> <p>Puddings of the Day Fresh Fruit Selection</p>	<p>Friday Favourite</p> <p>Traditional Homemade Fish Pie topped with Mashed Potatoes</p> <p>Vegetarian Chilli</p> <p>Garden Peas Ratatouille</p> <p>Fresh Soup of the Day Jacket Potatoes Baked Beans or Spaghetti Hoops</p> <p>Yoghurt Bar & Jelly with Toppings Puddings of the Day Fresh Fruit Selection</p>	<p>Packed Lunches</p> <p>Choose your own Filling</p> <p>Ask the Chef on duty for what you would like</p> <p>Fresh Fruit Selection</p>	<p>Sunday Roast</p> <p>Roasted Silverside of Beef served with Yorkshire Puddings</p> <p>Vegetarian Roast</p> <p>Freshly Roasted Potatoes Seasonal Vegetables Gravy</p> <p>Chocolate Fudge Surprise</p> <p>Fresh Fruit</p>
SUPPER	<p>Atlantic Fish Night</p> <p>Bread Crumbed Fresh Cod Bites Served with Lemon Mayo Vegetarian Nuggets</p> <p>Chipped Potatoes Garden Peas Salad Selection</p> <p>Profiteroles & Chocolate Sauce Fresh Fruit Selection</p>	<p>Pizza Night</p> <p>A Selection of Toppings including Vegetarian Ham, Chorizo, Beef, Bacon, Mushrooms, Peppers, Anchovies, Sweetcorn Cheesy Bacon Potato Wedges Carrot & Cucumber Sticks Salad Selection</p> <p>Strawberries & Cream Fresh Fruit Selection</p>	<p>Bistro Night</p> <p>Chicken Coated in a Garlic & Herb Crust Quorn Fillets</p> <p>New Potatoes Buttered Green Beans Salad Selection</p> <p>Cheese Board Selection with Cheese, Biscuits & Chutney Fresh Fruit Selection</p>	<p>Tapas Night</p> <p>Chorizo & Prawn Combo Mini Meat Pasties Vegetarian Tapas</p> <p>Spanish Sautéed Potatoes</p> <p>Fresh Fruit Platters</p> <p>Fresh Fruit Selection</p>	<p>Omelette Night</p> <p>Choose your own Filling Vegetarian Option</p> <p>Crusty Cob Carrot & Cucumber Sticks Salad Selection</p> <p>Marshmallow Delight</p> <p>Fresh Fruit Selection</p>	<p>Boarders' Stir Fry Night</p> <p>Chicken Chow Mein Special Fried Rice Veggie Special Fried Rice</p> <p>Prawn Crackers</p> <p>Fortune Cookies Ice Cream</p> <p>Fresh Fruit Selection</p>	<p>Boarders' Favourite or House Master's Choice</p> <p>Selection of Mixed Toasties Vegetarian Options Available</p> <p>Salads & Crisps</p> <p>Chocolate Biscuits Fruit Cake</p> <p>Fresh Fruit Selection</p>



Independent School Caterers