

Exeter Cathedral School Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Fruit Juice Toast & Preserves Assorted Cereals Free Range Boiled Eggs Freshly Baked Croissants Fresh Fruit Selection	Fruit Juice Toast & Preserves Assorted Cereals Free Range Fried Eggs Freshly Cooked Bacon in an English Breakfast Muffin Fresh Fruit Selection	Fruit Juice Toast & Preserves Assorted Cereals Free Range Poached Eggs Pain au Chocolat Fresh Fruit Section	Fruit Juice Toast & Preserves Assorted Cereals Free Range Scrambled Eggs Toasted Teacakes with Butter Fresh Fruit Selection	Fruit Juice Toast & Preserves Assorted Cereals Yoghurt Selection Cinnamon Swirls Fresh Fruit Selection	Fruit Juice Toast & Preserves Assorted Cereals Bacon, Sausage Free Range Fried Egg Hash Browns Fresh Fruit Selection	Fruit Juice Toast & Preserves Assorted Cereals Freshly Cooked Danish Pastries Fresh Fruit Selection
LUNCH	Special Noodle Day Sautéed Chicken strips in a Black Bean Sauce Mushroom, Courgette & Baby Sweetcorn in Black Bean Sauce Noodles & Beansprouts in Soy Sauce Chinese Bok Choi Vegetables in Garlic & Soy Sauce Jacket Potatoes Baked Beans Fresh Soup of the Day Chocolate Sponge & Custard Puddings of the Day Fresh Fruit Selection	Sausage Special Local Butcher's Pork Sausages Vegetarian Sausage Yorkshire Puddings Mashed Potatoes Garden Peas Red Onion Gravy Jacket Potatoes Fresh Soup of the Day Baked Beans Fresh Fruit Salad with Cream Puddings of the Day Fresh Fruit Selection	Eat Italian Fusilli Pasta served with: Bolognese Sauce Italian Tomato Sauce Garlic Bread Slices Parmesan Baked Courgettes Jacket Potatoes Fresh Soup of the Day Baked Beans Mixed Berry Cheesecake with Raspberry Coulis Puddings of the Day Fresh Fruit Selection	Traditional Roast Day Roasted Turkey Breast with Cranberry Sauce Vegetable Stuffed Peppers Roasted Potatoes Baton Carrots Fresh Steamed Broccoli Gravy Jacket Potatoes Fresh Soup of the Day Chocolate & Orange Bread & Butter Pudding & Cream Puddings of the Day Fresh Fruit Selection	Friday Favourite Traditional Battered Cod Jumbo Fish Fingers Fresh Salmon with a Lemon & Chive Creamy Sauce Butcher's Pork Sausages Chips Jacket Potatoes Fresh Soup of the Day Vegetarian Chilli Beans Baked Beans or Hoops Mushy Peas Individual Strawberry Syllabub Puddings of the Day Fresh Fruit Selection	Packed Lunches Choose your own Filling Ask the Chef on duty for what you would like Fresh Fruit Selection	Sunday Roast Traditional Roast Leg of Lamb served with Yorkshire Pudding Vegetarian Roast Roast Potatoes Carrots Peas & Broccoli Gravy Ice Cream Fresh Fruit Selection
SUPPER	Mexican Night Mild Beef Chilli Strips Fresh Vegetable Chilli Combo Tortilla Chips Grated Cheddar Tortilla Wraps Sour Cream Salsa & Guacamole Carrot & Cucumber Sticks Orange Sorbet Fresh Fruit Selection	Jacket Potato Night with a selection of fillings: Baked Beans Tuna Mayo Carrot & Cucumber Sticks Cheddar Cheese Salad Selection Brandy Snap Baskets with Blueberries, Strawberries & Whipped Cream Fresh Fruit Selection	Street Food Night BBQ Pulled Leg of Pork in a Bun Halloumi, Courgette & Pepper on Skewers Oven Baked Potato Wedges Salads & Slaw Fresh Fruit Kebabs Fresh Fruit Selection	Seafood Night Sweet Chilli Haddock Steak Smoked Cheese Tartelette New Potatoes Roasted Mixed Vegetables Salad Selection Banana & Passion Fruit Sundae Fresh Fruit Selection	Subway Night Choice of Fillings Grated Cheddar Cheese Selection of Ham, Turkey Chorizo or Tuna Mayonnaise Crisps Salad Selection Carrot & Cucumber Sticks Homemade Cookies Fresh Fruit Selection	Saturday Special Steak Night British Rump Steak served with Peppercorn Sauce Mushroom Stroganoff Tender Stem Broccoli Duchess Potatoes Chef's Special Dessert Fresh Fruit Selection	Boarders' Buffet Special or House Master's Choice 'Make Your Own' Selection of Wraps with a Choice of: Egg Mayonnaise, Chicken, Tuna, Ham or Cheese Crisps & Biscuits Milkshakes Fresh Fruit Selection



Independent School Caterers